

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Muay Thai 10:00 - 11:00 am	Mixed Levels 12:00 - 1:00 pm	Muay Thai 10:00 - 11:00 am	Mixed Levels 12:00 - 1:00 pm	Muay Thai 10:00 - 11:00 am	Muay Thai 12:00 - 1:00 pm	Community Open Mat 10:00 am - 12:00 pm
Mixed Levels 12:00 - 1:00 pm	Tiny Warriors 3:30 - 4:15 pm	Mixed Levels 12:00 - 1:00 pm	Tiny Warriors 3:30 - 4:15 pm	Mixed Levels 12:00 - 1:00 pm		
Little Warriors 4:30 - 5:15 pm	Little Warriors 4:30 - 5:15 pm	Little Warriors 4:30 - 5:15 pm	Teen's Class (13-15) 4:30 - 5:15 pm	Teen's Class (13-15) 4:30 - 5:15 pm		
Junior Warriors 5:30 - 6:15 pm	Teen's Class (13-15) 5:30 - 6:15 pm	Junior Warriors 5:30 - 6:15 pm	Junior Warriors 5:30 - 6:15 pm	Adult No-Gi Mixed Levels 5:30 - 7:00 pm		
Fighting Foundations 6:30 - 7:30 pm	Fighting Foundations 6:30 - 7:30 pm	Adult No-Gi Mixed Levels 6:30 - 8:00 pm	Fighting Foundations 6:30 - 7:30 pm			
Muay Thai 7:30 - 8:30 pm	Beyond The Basics (Advanced) 7:30 - 8:30 pm		Beyond The Basics (Advanced) 7:30 - 8:30 pm			
Muay Thai 8:30 - 9:30 pm	Muay Thai 8:30 - 9:30 pm		Muay Thai 8:30 - 9:30 pm			